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| Pubbl/distr/stampa | Leuven : , : Leuven University Press, , 1990 |
| Descrizione fisica | 1 electronic resource (863 pages) |
| Collana | Studia psychologica (Louvain, Belgium) |
| Disciplina | 616.8914 |
| Soggetti | Client-centered psychotherapy Experiential psychotherapy |
| Lingua di pubblicazione | Inglese |
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| Livello bibliografico | Monografia |
| Note generali | Chiefly revised papers presented at the First International Conference on Client-Centered and Experiential Psychotherapy held Sept. 1988 at the Catholic University of Leuven. |
| Sommario/riassunto | This voluminous book of 47 chapters offers a good cross section of what is burgeoing in the field of client-centered and experiential psychotherapy on the threshold of the nineties. it does not represent a single vision but gives the floor to the various suborientations: classics Rogerians; client-centered therapists who favor some form of integration or even eclecticism; experiential psychotherapists for whom Gendlin's focusing approach is a precious way of working; client-centered therapists who look at the therapy process in terms of information-processing; existentially oriented therapists ... Remarkable is that - for the first time in the history of client-centered/experiential psychotherapy - the European voice rings through forcefully: more than half of the contributions were written by authors from Western Europe. Several chapters contain reflections on the evolution - past, present, and future - of client-centered/experiential psychotherapy. The intensive research into the process, which had a central place in the initial phase of client-centered therapy, is given here ample attention, with several creative studies and proposals for renewal. In numerous contributions efforts are made to build and further develop a theroy of psychopathology, the client's process, the basic attitudes and task-oriented interventions of the therapist. The chapters dealing with |

clinical practice typically aim at the description of therapy with specific client populations and particularly severely disturbed clients. And finally a few fields are introduced which are new or barely explored within the client-centered/experiential approach: working with dreams, health psychology, couple and family therapy.
