

1. Record Nr.	UNINA9910219969703321
Autore	Meadows Sarah O (Sarah Opal), <1978->
Titolo	Airman and family resilience : lessons from the scientific literature // Sarah O. Meadows, Laura L. Miller, Sean Robson
Pubbl/distr/stampa	Santa Monica, California : , : RAND Corporation, , 2015
ISBN	0-8330-9315-0
Descrizione fisica	1 online resource (98 pages)
Collana	Rand Project Air Force Series on Resiliency
Disciplina	355.120973
Soggetti	Families of military personnel - United States United States Armed Forces Military life
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	The U.S. military, resilience, and total force fitness -- Understanding resilience -- Resilience-related scientific research in each of the total force fitness domains -- Resilience-related Air Force data -- Promoting resilience in the Air Force.
Sommario/riassunto	"This final overarching report in a series documents research and recommendations RAND offered to the Air Force to help strengthen the development of a new office responsible for monitoring and promoting resilience among Air Force Airmen, civilian employees, and Air Force families. Efforts to boost resilience have become an important military response to suicide and other markers of distress and poor health. The report reviews the concepts and measures of resilience, resilience factors, hardiness and flourishing. It describes how resilience and the military's Total Force Fitness concepts are related. The report brings together highlights from the eight companion reports on each Total Force Fitness domain and characterizes types of Air Force data that could be used to track resilience."-- Provided on the publisher's website.