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Nota di contenuto	Frontmatter -- Contents -- Acknowledgments -- 1. Introduction -- 2. The Victorian Style -- 3. Evaluating the Victorian Emotional Style: Causes and Consequences -- 4. From Vigor to Ventilation: A New Approach to Negative Emotions -- 5. Dampening the Passions: Guilt, Grief, and Love -- 6. Reprise: The New Principles of Emotional Management -- 7. "Impersonal, but Friendly": Causes of the New Emotional Style -- 8. The Impact of the New Standards: Controlling Intensity in Real Life -- 9. The Need for Outlets: Reshaping American Leisure -- 10. Pre-Conclusion: Prospects? Progress? -- 11. Conclusion: A Cautious Culture -- Notes -- Index
Sommario/riassunto	Cool. The concept has distinctly American qualities and it permeates almost every aspect of contemporary American culture. From Kool cigarettes and the Peanuts cartoon's Joe Cool to West Side Story (Keep cool, boy.) and urban slang (Be cool. Chill out.), the idea of cool, in its many manifestations, has seized a central place in our vocabulary. Where did this preoccupation with cool come from? How was Victorian

culture, seemingly so ensconced, replaced with the current emotional status quo? From whence came American Cool? These are the questions Peter Stearns seeks to answer in this timely and engaging volume. American Cool focuses extensively on the transition decades, from the erosion of Victorianism in the 1920s to the solidification of a cool culture in the 1960s. Beyond describing the characteristics of the new directions and how they altered or amended earlier standards, the book seeks to explain why the change occurred. It then assesses some of the outcomes and longer-range consequences of this transformation.
