

1. Record Nr.	UNINA990003800940403321
Autore	Lanzara, Giovan Francesco
Titolo	Capacità negativa : competenza progettuale e modelli di intervento nelle organizzazioni / Giovan Francesco Lanzara
Pubbl/distr/stampa	Bologna, : il Mulino, c1993
ISBN	88-15-04086-2
Descrizione fisica	523 p. ; 21 cm
Collana	Ricerca
Disciplina	302.35
Locazione	ECA BFS
Collocazione	1-7-559-TI 302.35 LAN 1
Lingua di pubblicazione	Italiano
Formato	Materiale a stampa
Livello bibliografico	Monografia

2. Record Nr.	UNINA9910208839403321
Autore	Scrimali Tullio
Titolo	Neuroscience-based cognitive therapy : new methods for assessment, treatment, and self-regulation / / Tullio Scrimali
Pubbl/distr/stampa	Chichester, West Sussex, : John Wiley & Sons, 2012
ISBN	9786613615503 9781119943181 1119943183 9781119943037 1119943035 9781280585678 1280585676 9781119943174 1119943175
Descrizione fisica	1 online resource (256 p.)
Disciplina	616.89/1425
Soggetti	Cognitive therapy - Methodology Neuropsychiatry
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Neuroscience, clinical psychology, and cognitive therapy -- The mind/brain problem -- Motor theories of mind and a complex biocybernetic model in neuroscience -- Complexity, chaos, and dynamical systems -- Modular and gradiental brain, coalitional mind -- Phylogenesis of the brain and ontogenesis of the mind : biological and cultural evolutionism -- Psychophysiology and clinical psychophysiology -- Electroencephalography and quantitative electroencephalography -- Electrodermal activity and quantitative electrodermal activity -- Complex psychological diagnosis and instrumental psychodiagnostics -- Complex psychological diagnosis with quantitative electroencephalography -- Complex psychological diagnosis with quantitative electrodermal activity -- Sets and settings when applying a neuroscience-based clinical methodology --

Multimodal assessment of family process and the family strange situation -- Biofeedback and cognitive therapy -- Meditation, mindfulness, and biofeedback-based mindfulness (BBM) -- Neurofeedback and cognitive therapy -- Psychofeedback and cognitive therapy -- Monitoring the warning signs of relapse in schizophrenia and bipolar disorder, and coping with them -- Get started with neuroscience-based cognitive therapy.

Sommario/riassunto

A pioneer of CBT explores recent advances in neuroscience, showing how they can be applied in practice to improve the effectiveness of cognitive therapy for clients with a wide range of diagnoses including mood disorders, anxiety disorders, eating disorders and schizophrenia Utilizes the latest advances in neuroscience to introduce tools that allow clinicians, for the first time, to directly 'measure' the effectiveness of cognitive therapy interventions Rigorously based in neuroscientific research, yet designed to be readable and jargon-free for a professional market of CBT
