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Nota di contenuto	Book Cover; Title; Contents; Preface and acknowledgements; Adolescent to adult: the transition period; The framework: theory; The framework: diagnosis; The counselling relationship; The language of counselling; Authority and responsibility in counselling; Counselling in organizations; Postscript; Bibliography; Index
Sommario/riassunto	Based on the author's experience as psychotherapist and counsellor, this book provides an approachable introduction to the field of counselling young people for anyone undertaking counselling within organisations such as schools, universities, the social services or industry