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Autore	Thoreau Henry David
Titolo	Canoeing in the Wilderness : "How vain it is to sit down to write when you have not stood up to live."
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Sommario/riassunto	<p>Welcome to simplicity. You are holding the only wilderness paddling guide that tells you not just what gear you need, but what to leave behind and how to judge the difference. Welcome to discovery. This guide equips you to design and plan your own expedition instead of slavishly following a trip mapped by an "expert." Welcome to experience. Any good book can outline the requisite skills for backcountry paddling. This one also shows by example when and why to use them. Here are the keys to canoe tripping, whether for expeditions of one to one hundred days. Alan Kesselheim is both a master paddler-with 25 years and more than 10,000 miles of wilderness paddling behind him-and a writer of uncommon grace and skill. He has created here a book of concentrated wisdom that is so pleasurable to read you may scarcely realize how much you're learning. The Wilderness Paddler's Handbook packages rich nuggets of experience in stories that entertain while they instruct. Most how-to books are written either to grow into or to outgrow. Not this one. You can start with The Wilderness Paddler's Handbook, and you can keep going. You can paddle right off the map.</p>

