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Sommario/riassunto	<p>What force sets life events in motion and puts us on our soul's destined course? Are lives preordained for specific outcomes; are we just along for the ride? How do we participate in our true destinies without blocking our own way? In 'Life Before Life: How Soul Agreements Direct our Destiny' you examine these and other important questions through illustrations taken from the Author's significant mystical journey as well as real examples of her client resolutions. 'There is without a doubt, an energy experience our soul directs as it guides us into what comes next, in the life we call now,' says author and spiritual teacher Carolyn Gervais. 'During the life before our conscious life, our soul connects with other souls, making agreements, which will mutually activate and orchestrate the awakening of each other's awareness and purpose during our human sojourn together.' In this unique book you will learn how each soul acts as an internal navigation system, working with us through our free will to direct our life along the path of our true destiny</p>