

1. Record Nr.	UNINA9910165056603321
Autore	Broussal-Derval Aurelien
Titolo	The modern art of high intensity training // Aurelien Broussal-Derval, Stephane Ganneau
Pubbl/distr/stampa	Champaign, Illinois : , : Human Kinetics, , 2017 ©2017
ISBN	1-4925-4922-3 1-4925-4927-4 1-4925-4924-X
Descrizione fisica	1 online resource (224 pages) : illustrations, tables
Disciplina	613.7/1
Soggetti	Exercise Exercise - Physiological aspects Physical fitness Weight training
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references.

2. Record Nr.	UNINA9910958959603321
Autore	Backes Uwe <1960-, >
Titolo	Political extremes : a conceptual history from antiquity to the present / Uwe Backes
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 2010
ISBN	1-135-25943-7 1-135-25944-5 1-282-57646-1 9786612576461 0-203-86725-4
Edizione	[1st ed.]
Descrizione fisica	1 online resource (312 p.)
Collana	Routledge studies in extremism (p. [231]-282) and democracy
Disciplina	320.509
Soggetti	Right and left (Political science) - History Human rights - History Conservatism - History Radicalism - History Democracy - History
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Originally published in German: Gottingen : Vandenhoeck and Ruprecht, 2006.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Book Cover; Title; Copyright; Contents; Illustrations; Series editors' preface; Abbreviations; 1 Introduction; 2 Extremes, mean, moderation and constitutional mixture in Antiquity and the Middle Ages; 3 Extremes and the tradition of the mixed constitution from early humanism to the age of democratic revolutions; 4 Extreme ideologies in the political laboratory of the nineteenth century; 5 Extremism at the beginning of the 'age of extremes'; 6 Extreme terms in the political language of German ideocracies 7 Extremism as an element of the official/semi-official language of the Federal Republic of Germany8 Lines of development of the extremism concept in the twentieth century; 9 Political extremism: Final results, classification of terms and outlook; Notes; Bibliography; Index
Sommario/riassunto	The Western tradition of the constitutional state, with its ancient roots, defines political extremes as the epitome of that what must be

absolutely rejected. It highlights tyranny, despotism, despotic rule, non-autonomy, ruthless enforcing of interests as 'extreme', contrasting this to a virtuous mean which guarantees moderation. In this volume, the culmination of twenty years of extensive research, Uwe Backes provides a conceptual history of the notions ""extreme"" and ""extremism"" from antiquity to the present day. The terminological history of political extremes had been
