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Altri autori (Persone)	LeeuwenMarco H. D. van <1958->
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Sommario/riassunto	This critical and intelligent new study interrogates the first principles of leisure. It explores traditional concepts in the philosophical analysis of leisure, as well as new focal points in the philosophy of leisure that are defined by recent developments in society, technology and the broader discipline of philosophy itself. The book's central argument is that leisure is fundamentally a state of mind directed towards leading a good life. The book explores key issues surrounding that argument such as identity, ethics, spirituality, pleasure and play, concluding with a discussion of the fundamental properties of leisure and the challenge of offering a meaningful definition.