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Sommario/riassunto	This ebook consists of a summary of the ideas, viewpoints and facts presented by Leonard Sax in his book "Boys Adrift: The Five Factors Driving the Growing Epidemics of Unmotivated Boys and Underachieving Young Men". This summary offers a concise overview of the entire book in less than 30 minutes reading time. However this work does not replace in any case Leonard Sax's book. Sax examines the five factors that are critical for the development of underachieving boys. He also points how to reverse this negative trend.