1. Record Nr. UNINA9910164925203321 Autore Miles Tracie <1967-> Titolo Unsinkable faith: God-filled strategies to transform the way you think, feel, and live / / Tracie Miles Pubbl/distr/stampa Colorado Springs, CO:,: David C Cook,, [2017] ©2017 **ISBN** 1-4347-1026-2 Descrizione fisica 1 online resource (223 pages) Disciplina 248.4 Soggetti Attitude (Psychology) - Religious aspects - Christianity Conduct of life - Religious aspects - Christianity Christian life Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes bibliographical references (pages [212]-215). Nota di bibliografia "Some days you're floating through life and everything seems fine. Sommario/riassunto Other days you're barely holding on in the midst of a storm, and negative thoughts threaten to sink your attitude, steal your peace, and rob you of joy. But just because life is hard doesn't mean your heart and mind have to become hardened. Tracie Miles offers three easy, mind-renewing steps to overcome a pessimistic mid-set--and change the way you think, feel, and live. Tracie's stories and insights will point you to God's truths so you can rise above your circumstances and

experience more peace and joy"--Back cover.