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Sommario/riassunto	" Psychic medium MaryAnn DiMarco has communicated with the other side since she was 5 years old. Through her experience, she found that everyone has a team of divine advisers, such as guides, angels, ancestors, and other spiritual beings, that prompt your gut instincts. As an in-demand spiritual teacher, MaryAnn offers her clients a roadmap for developing intuition on their own and helps them break free from their own spiritual, emotional, and real-world obstacles. Believe, Ask, Act shares this process for the first time using a 3-step method. Believe shows the importance of holding a belief in a positive higher power, whether it be God, Source, or another name. Ask teaches how to pose the right questions to your "universal team" -- the angels, spirit guides, and other evolved souls tasked to help you in life -- and how to hear their answers. Act is a powerful call to get off the meditation cushion and put one earthly foot in front of the other to create positive change and momentum. Believe, Ask, Act is a guide to trusting your intuition and plugging into the wisdom of the universe. Through stories and channeled wisdom, DiMarco shows you how to clearly receive and execute guidance with an open mind and a courageous heart. "--

