1. Record Nr. UNINA9910482979503321

Autore	Iedema Rick
Titolo	Affected : on becoming undone and potentiation / / Rick Iedema
Pubbl/distr/stampa	Cham, Switzerland : , : Palgrave Macmillan, , [2021] ©2021
ISBN	3-030-62736-5
Edizione	[1st ed. 2021.]
Descrizione fisica	1 online resource (XII, 131 p. 1 illus.)
Disciplina	811.609
Soggetti	Affect (Psychology) Change Becoming (Philosophy)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Sommario/riassunto	“In this book, Rick Iedema shows with profound analytical precision the existential strength of ‘being moved’ and being affected. Departing from a life being shattered, the books exposes with the help of Spinoza, Sloterdijk, and others, the many dimensions of ‘becoming’. Written during the COVID-19 crisis and extreme bushfires a short distance away, the book is a plea for new ‘structures of feeling’ and for a new way of doing social science research. The book’s argument is that today’s complexity and pace of change are too intense to be adequately represented purely by distanced and objectifying analysis. His discussion at the end of the book about potentiation and anthropotechnics shows us the way towards personal and intellectual courage: one that allows uncertainty and nurtures emergent kinds of sense, knowledge and intelligence.” – Jessica Mesman, Maastricht University, Maastricht, The Netherlands This book’s main message is to advocate for a collaborative, affective, visualised and future-oriented research agenda. The book finds its inspiration in “the chasm [that separates] philosophising about being shattered and thinking that is shattered” (Heidegger 1946, Letter on Humanism). To explore this chasm, the book journeys through a range of psychological and posthuman perspectives on affect and becoming. The aim of this

journey is to reconcile shattered thinking-feeling with Spinoza's ethics according to which 'our capacity to be affected determines our capacity to act'. The book elaborates this capacity to become in terms of our uniquely human propensity to experiment with counter-intuitive inversions: in this case, to call to account that which is affected, rather than that which affects. The book will appeal to students and academics working in the fields of alternative research methods, the social sciences, and organisation studies. Rick Iedema is Professor and Director of the Centre for Team-based Practice and Learning in Health Care at King's College London, UK. His main research interests include interprofessional collaboration and communication and service users' involvement in practice development. He has pioneered innovative organisational and healthcare communication research methodologies, including video-reflexive ethnography.

2. Record Nr. UNINA9910671675103321

Titolo	La prueba electronica [[recurso electronico] /] / Xavier Abel Lluch, Joan Pico i Junoy (directores) ; Nuria Gines Castellet (coordinadora) ; Ramon Arbos i Llobet ... [et al.]
Pubbl/distr/stampa	Barcelona, : Bosch, [2011]
ISBN	84-7698-980-6
Descrizione fisica	1 online resource (486 p.)
Collana	Coleccion de formacion continua Facultad de Derecho ESADE. Estudios practicos sobre los medios de prueba ; ; 5
Altri autori (Persone)	Arbos i LlobetRamon
Disciplina	347066
Soggetti	Actos procesales Procedural acts Electronic evidence Pruebas (Proceso civil) Pruebas (Proceso penal)
Lingua di pubblicazione	Spagnolo
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	La prueba electronica; Pagina legal; Indice general; Abreviaturas; Presentacion; Estudios doctrinales ; 1. Precisiones terminologicas; 2 La

nueva frontera del derecho probatorio; 2.1. La nocion de documento electronico; 2.2. Documento escrito y documento electronico: similitudes y diferencias; 2.3. Elementos del documento electronico; 2.4. La necesidad de reformular el concepto de documento; 2.4.1. El concepto de documento en la jurisprudencia; 2.4.2. El concepto de documento en la LEC; 2.4.3. El concepto amplio de documento; 2.5. Premisas para un concepto de documento
2.5.1. Objeto representativo de un hecho de interes para el proceso2. 5.2. Objeto comprensivo de una; 2.5.3. Objeto de naturaleza mueble; 2.6. Perspectivas de lege ferenda; 3. Las nuevas tecnologias y su acceso al proceso; 3.1. La distincion entre fuentes y medios de prueba; 3.2. La distincion en la LEC; 3.3. Los medios de prueba y el acceso al proceso; 3.3.1. Interrogatorio de las partes y de testigos; 3.3.2. Prueba documental; 3.3.3. Prueba pericial; a) Acceso a modo de prueba pericial instrumental; b) Acceso a modo de prueba pericial autonoma
3.3.4. Reconocimiento judicial o cibernavegacion4. La problematica de la prueba electronica; 4.1 La proliferacion y fragmentacion legal; 4.2. El "test de admisibilidad": autenticidad, integridad y licitud; 4.3. Problematica en los distintos ordenes jurisdiccionales; 4.3.1. En el orden laboral: el control empresarial de las TIC; 4.3.2. En el orden penal: los delitos informaticos; 4.3.3. En el orden civil: la contratacion electronica; 5. Regimen juridico de la prueba electronica; 5.1. La regulacion en la LEC; 5.1.1. De los medios de prueba (art. 299 LEC) 5.1.2. De los "medios audiovisuales" e instrumentos informaticos (art. 382 a 384 LEC)5.2. Naturaleza juridica; 5.2.1. Teoria autonoma; 5.2.2. Teoria analogica; 5.2.3. Teoria de la equivalencia funcional; 5.3. La obtencion y aportacion de la prueba electronica; 5.3.1. Obtencion; 5.3.2. Momento; 5.3.3. Forma de aportacion; 5.3.4. La transcripcion del contenido; 5.3.5. Documentos que se pueden acompanar; 5.3.6. Deberes de exhibicion; 5.3.7. Criterios de admision de la prueba electronica; 5.4. La conservacion o perdurabilidad de la prueba electronica
5.4.1. La distincion entre el original y la copia5.4.2 La copia del documento publico notarial; 5.4.3. El acta y la custodia de la prueba electronica; 5.4.4. Medidas para garantizar la perdurabilidad; 5.5. La verificacion de la prueba electronica; 5.5.1. Momento procesal; 5.5.2. Contenido de la verificacion; 5.5.3. Medios de verificacion: la pericial informatica y otros medios; 5.6 La practica de la prueba electronica; 5.6.1. Practica como diligencias preliminares; 5.6.2. Practica anticipada; 5.6.3. Practica al amparo del art. 429.1, II y III LEC; 5.6.4. Practica ordinaria
5.6.5. Practica como diligencia final

3. Record Nr. UNINA9910164911603321

Autore	Vella Mark
Titolo	Anatomy for strength and fitness training for women / / Mark Vella ; illustrations by James Berrange
Pubbl/distr/stampa	London, [England] : , : New Holland Publishers (UK) Ltd, , 2008
ISBN	9781607653738 1607653737
Edizione	[1st ed.]
Descrizione fisica	1 online resource (377 pages) : illustrations (some color)
Disciplina	613.7045
Soggetti	Weight training for women Physical fitness for women Weight training
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Intro -- Title -- Dedication -- Author's Acknowledgments -- Contents -- Part 1: Anatomy and Exercise Programmes -- Building a better you -- Anatomical definitions and terminology -- Exercise analyses and principles -- Devising a programme -- Exercise programmes -- Part 2: The Exercises -- 1. Aerobic Training -- Walking -- Jogging and running -- Aerobics -- Swimming and aqua-aerobics -- Aerobic machines -- 2. Abdominals, Stabilization and Balance -- Posture basics -- Seated ball balance -- Transverse activation in four-point kneeling -- Plank pose stabilization on ball -- Shell prone ball roll-up -- Abdominal stabilization programme -- Two-stage crunch -- Reverse incline bench sit-up -- Body-weight oblique crunch - ball between legs -- Combination crunch -- Hip flexor apparatus -- Mid-back scapular stabilization on bench -- Kneeling heel touch -- 3. Chest -- Body-weight modified push-ups -- Wall push-ups on bar -- Bench press machine -- Incline dumb-bell bench press -- Barbell bench press -- Body-weight dips -- Incline pec deck machine -- Dumb-bell flat bench flyes -- Cable cross-over -- 4. Legs and Hips -- Squats with ball between legs -- Freestanding barbell plié squats -- Freestanding barbell squats -- Machine incline leg press -- Barbell reverse lunge -- Freestanding lateral lunge -- Bench step -- Modified barbell bent leg deadlift -- Double leg bridge with shoulder flexion -- Ball bridge --

Side-lying ball lift -- Hip abductor machine -- Hip adductor machine -- Supine adductor stabilization with ball -- Cable hip abductions -- Prone hip extensions -- Machine lying leg curl -- Seesaw with ball -- Yoga quad stretch with forward lean -- Freestanding calf raise -- Seated calf raise machine -- 5. Back and Shoulders -- Machine cable front lateral pull-down -- Chin-up assist machine -- Standing cable pull-over -- Standing reverse grip cable rows.
Seated low cable pulley rows -- Supported bent-over row machine -- Dumb-bell bent-over rows -- Prone back extension on ball -- Back extension apparatus -- Alternate arm and leg raises on ball -- Machine shoulder press -- Dumb-bell seated shoulder press -- Dumb-bell standing lateral raise -- Rear deltoid machine -- Seated bent-over dumb-bell raises on ball -- Rotator cuff stabilization with theraband -- 6. Arms -- Seated overhead tricep extension on ball with theraband -- Supine barbell French curl -- Tricep machine -- Cable tricep push-down -- Tricep rope pull-down -- Standing barbell curl -- Seated incline dumb-bell curl with supination -- Dumb-bell concentration curl -- 7. Stretches and Flexibility -- Neck and shoulder stretch -- Standing chest and anterior shoulder stretch -- Ball shoulder stretch -- Seated side stretch on ball -- Full-body stretch -- Supine hip flexion stretch -- Spine roll -- Side-to-side hip rolls -- Supine lying gluteus stretch -- Supine lying single leg hamstring stretch -- Seated stride into saw stretch -- Supine lying deep external rotators stretch -- Standing iliopsoas stretch -- Gastrocnemius stretch -- Plank to downward-facing dog -- Child stretch -- Glossary -- Index -- Resources -- Copyright.

Sommario/riassunto

Scientific research has made it clear that a woman's body should be exercised differently from a man's, and that her training program should be adjusted to suit her body type and transformations as she moves through the various life stages.