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Nota di contenuto	Part I : Why the Moon is magic. Get in tune with the Moon -- Transform your life with the Moon phases -- Part II : Create your dream life with the New Moon. New Moon manifesting -- Plan your life with the New Moon -- Predict your future with the New Moon -- Part III : Work with the magic of the Full Moon. Full Moon forgiveness and gratitude -- Plan your life with the Full Moon -- Predict your future with the Full Moon -- Part IV : Live consciously wiht the Daily Moon. Where is the Daily Moon? -- Up close and personal with the Moon
Sommario/riassunto	Did you know the cycles of the moon have a huge effect on our health, our mood, our relationships and our work? By understanding these phases, we can work with them to improve and empower every aspect of our lives. In Moonology, world-renowned astrologist Yasmin Boland unveils: why connecting with the moon can change your life for the better powerful rituals and ceremonies for each moon phase how the moon connects us to nature and the cosmos how to work out where the moon is in each cycle international New Moon and Full Moon dates for the next 10 years You will also learn affirmations, visualisations and chants to use during each phase of the moon, and will discover the role of Angels, Goddesses and Ascended Masters during the New and Full Moons. This is a book for all those wishing to deepen their connection with nature and take their spiritual practice to a new level.

