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Titolo	Everything I want to eat : Sqirl and the new California cooking / / Jessica Koslow with Maria Zizka ; with a foreword by Lynda Obst ; photography by Claire Cottrell, Jaime Beechum, Nacho Alegre
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Descrizione fisica	1 online resource (392 pages) : color illustrations, photographs
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Nota di contenuto	Eggs & toast -- Grains & beans -- Vegetables -- Meat -- Fish -- Jams -- Desserts -- Drinks -- Larder -- Index.
Sommario/riassunto	The award-winning chef of Los Angeles' popular restaurant Sqirl shares over one hundred of her favorite health-conscious recipes, which use real foods and can be adjusted to suit different dietary requirements. "Jessica Koslow and her restaurant, Sqirl, are at the forefront of the California cooking renaissance, which is all about food that surprises us and engages all of our senses--it looks thoughtfully composed, tastes vibrant, and feels substantial yet refreshing. In a city as diverse as Los Angeles, where everyone is known to be obsessively health-conscious and where dietary restrictions are the norm, the food at Sqirl invites both bacon-lovers and vegans to the same table. With this spirit of inclusion and accommodation, Koslow shares more than 100 fresh, market-driven, and flavorful recipes that can be adjusted to suit the needs of vegetarians, followers of gluten-free diets, or whomever you're sharing your meal with. Everything I Want to Eat captures the excitement of the food at Sqirl while also offering inspired ideas on how to make these dishes your own. It's an entirely new kind of cookbook and approach to how we are all starting to think about food: deeply personal and endlessly adaptable."--Dust jacket.

