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Autore	Reichel Tim
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Sommario/riassunto	The book 'DOEDL-Methode im Studium' by Tim Reichel offers a systematic approach to help students manage their university studies effectively. It introduces the DOEDL method, which stands for Durchblicken (Understanding), Organisieren (Organizing), Einteilen (Dividing), Durchführen (Executing), and Loslassen (Letting Go). The method is designed to provide students with structure and guidance, enabling them to handle academic tasks more efficiently. The author aims to equip students with the tools needed to independently organize their studies and achieve satisfaction and success in their academic pursuits. The book is targeted at university students who are overwhelmed by their workload and seek practical strategies to enhance their productivity and time management skills.