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Nota di contenuto	chapter 1 Introduction: what is Sandplay therapy? / Barbara A. Turner -- part Part I Sandplay therapy in medicine -- chapter 2 Facing death: Sandplay at the threshold / Lara Lagutina -- chapter 3 Sandplay: a group therapy adaptation with in- patient eating disorder patients / Thomas Brecht -- part Part II Sandplay with special populations -- chapter 4 Sandplay therapy in Nepal: case studies of underprivileged children / Chhori Laxmi Maharjan -- chapter 5 Cultural crisis: complex collective trauma and Sandplay therapy in the Bedouin population of Israel Bert Meltzer, Rokaya Marzouk Abu Rokayak, and Yousef Alassad -- chapter 6 Sandplay with young people with intellectual disability / Lucinda Mora -- part Part III Sandplay in analysis and general practice -- chapter 7 Sandplay therapy with children experiencing somatic symptoms / Helen Sholdice -- chapter 8 Sandplay: the language of two boys work to mend their early attachment wounds / Jamie L. F. Straessler -- chapter 9 Growing up with Andrew: a young boys discovery of Self in Sandplay Jorge de la O -- chapter 10 Dissipating anger and defiance: the intrapsychic process of differentiation / Rose M. Harriet -- chapter 11 The development of Sandplay therapy

treatment for prolonged and complex trauma related to war and terrorism in the Middle East / Bert Meltzer -- chapter 12 Healing trauma through Sandplay therapy: a neuropsychological perspective / Lorraine Razzi Freedle -- chapter 13 Rikkis awakening: a journey of discovery of transgender / Dee Ballantyne -- chapter 14 Attuning to the flow of relational energies in Sandplay: healing complex trauma in adults / Linda Cunningham -- part Part IV Adaptations of the Sandplay method in education -- chapter 15 Sandtray Play and storytelling: a catalyst for imaginative thinking in childrens educational and emotional development / Kristin Unnsteinsdottir -- chapter 16 Developing language skills and emotional intelligence in the elementary school through sand tray stories / Sheila Dorothy Smith -- chapter 17 Clinical supervision using sand tray therapy methods / Linda E. Homeyer -- part Part V Sandplay and the spirit -- chapter 18 Return to the spirit in Sandplay / Eunice Stagg -- chapter 19 The presence of the Sandplay therapist as a fundamental component of understanding psychic transformation in Sandplay / Daniela Marinescu -- part PART VI Non-Jungian uses of the sand tray in therapeutic applications -- chapter 20 Humanistic sand tray therapy / Stephen A. Armstrong -- chapter 21 The secret garden: use of the sand tray and figurines from an interpersonal neurobiological framework / Theresa Kestly -- chapter 22 Sand tray therapy: a variety of approaches / Linda E. Homeyer -- chapter 23 Conclusion / Barbara A. Turner.

Sommario/riassunto

The Routledge International Handbook of Sandplay Therapy provides a comprehensive overview of this therapeutic method, developed to provide a means of helping clients of all ages with mental suffering. The contributors, from a range of therapeutic and cultural backgrounds, demonstrate core theory and practice, and explore the implications of current neuroscientific research. The chapters illustrate the effectiveness of this seemingly simple psychotherapeutic tool in its contemporary applications.
