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Sommario/riassunto	This book offers a renewed perspective on work psychology, focusing on the evaluation and management of workplace conditions and their impact on workers' physical and psychological health. It explores the perception of uncertainty and risks, strategies for adaptation and resilience, and methods for assessing and preventing work-related accidents and illnesses. The authors aim to provide comprehensive insights into how working conditions affect health and performance, offering new research methodologies and evaluation techniques. The book is intended for professionals and researchers in work psychology and human resources, aiming to improve organizational performance and worker well-being.