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Titolo	Foot and Ankle Sports Orthopaedics / / edited by Victor Valderrabano, Mark Easley
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Edizione	[1st ed. 2016.]
Descrizione fisica	1 online resource (551 pages) : illustrations, photographs
Disciplina	617.585044
Soggetti	Orthopedics Sports medicine Sports Medicine
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Clinical Anatomy -- Biomechanical Principles of Foot and Ankle -- Overview and Epidemiology of Foot and Ankle Problems in Sports -- Clinical Examination -- Sports Medicine of the Foot & Ankle, the Role of Imaging -- Biomechanical Functional Imaging -- Imaging by Arthroscopy -- Management of Injured Athletes at the Field -- Sports and Osteoarthritis -- Sports in Children and Young Age -- Sports in Seniors -- Sports in Disabled and Handicapped People -- Orthobiologics in Foot & Ankle -- Rehabilitation, Back to Sports and Competition -- Acute Fractures (lower leg, ankle, hindfoot, midfoot, forefoot) -- Acute Ankle Osteochondral and Chondral Lesions.-Stress Fractures of the Foot and Ankle.-Compartment Syndromes (acute and chronic) -- Shin Splints -- Achilles Tendon -- Plantar Fasciitis in Sport -- Exostosis (Osteochondrosis, Apophysites, and Haglund's Deformity) -- Posterior Tibial Tendon Lesions and Insufficiency -- Peroneal Tendons -- Anterior Tibial Tendon Lesion -- Flexor Hallucis Longus Tendon -- Acute Ankle Instability/Ankle Sprains in Athletes -- Chronic Ankle Instability -- Acute and Chronic Syndesmotic Injuries -- Acute and Chronic Subtalar, Chopart- and Lisfranc Instability -- Chronic Ankle Osteochondral and Chondral Lesions -- Anterior and Posterior Ankle Impingement -- Ankle Osteoarthritis -- Subtalar, Chopart, and

Lisfranc Joint Degeneration -- Coalition and Sports -- Hallux Valgus and Hallux Rigidus in Sports -- Sesamoid and Capsule Lesions of the First Metatarsophalangeal Joint -- Metatarsophalangeal Problems II-V -- Forefoot Sports Injuries -- Tarsal Tunnel Syndrome in Sport -- Nerve Entrapments -- Morton's Neuroma in Sports -- Soft Tissue Management in the Foot and Ankle -- Foot and Ankle Injuries in Aerobic and Fitness Sports -- American Football -- Athletic Injuries -- Foot and Ankle Problems in Basketball -- Rock Climbing -- Foot and Ankle Problems in Cycling -- Dance Injuries / Ballet -- Equestrian Sports -- Football / Soccer -- Floorball -- Golf -- Foot and Ankle Injuries in Gymnastics -- Handball -- Hiking, Mountaineering, Canyoning -- Ice Hockey -- Inline and Roller Skating -- Foot and Ankle Injuries in Martial Arts -- Motorsports -- Orienteering -- Foot and Ankle Injuries in Rugby -- Running -- Injuries in Alpine Sports with Focus on Foot and Ankle Trauma -- Surfing – Board, Wind, Kite -- Swimming / Aquatics -- Foot and Ankle Problems in Snowboarding -- Tennis and Racquet Sports -- Volleyball -- Foot and Ankle Injuries in Water Sports. .

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#### Sommario/riassunto

This book provides a comprehensive review of the diagnosis, management and treatment of sports injuries to the foot and ankle. The editors have assembled a list of contributors at the top of their field to define the medical management, treatment and surgery for the most common and highly debilitating sports injuries. Currently, foot and ankle injuries are the most common musculoskeletal injuries, thus this book fills the clear need for a state-of-the art resource that focuses upon this growing area of orthopaedic practice. Foot and Ankle Sports Orthopaedics is highly relevant to orthopaedic surgeons, sports orthopaedic surgeons and medical professionals dealing with sports injuries around the F&A. With clear and didactic information and superb illustrations, this book will prove to be an indispensable learning tool for readers seeking expert guidance to further their surgical skills in this area. .

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