1. Record Nr. UNINA9910163952603321 Autore **Burns Litany** Titolo **Develop Your Psychic Abilities NYLA** Pubbl/distr/stampa **ISBN** 1-61750-621-4 Descrizione fisica 1 online resource (256 p.) Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Sommario/riassunto We are all born with psychic abilities and use them every day, whether knowingly or not. The skill is in recognizing those abilities and knowing how to cultivate them to understand our innate potential. In Develop Your Psychic Abilities, world renowned clairvoyant and medium, Litany Burns will guide you step by step in simple but powerful techniques that will allow you to work toward realizing your own vast psychic potential. You will learn to:\* Listen to your gut response and trust your intuition\* Communicate with your spirit guides\* Sense the presence of nonphysical energy\* Explore eight different psychic abilities\* Remember your dreams and understand their deeper meanings In this book Litany Burns will help you exercise your psychic muscle and help you develop a richer and fuller life by developing a balanced

relationship between your body and spirit.