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Nota di contenuto	Intro -- Other Titles -- Title Page -- Copyright -- Dedication -- Reading Myself -- Contents -- Prologue -- Old Cambridge, Massachusetts, March 19, 1845 -- "The Trouble with Writing Poetry" -- I: Introduction - Steel and Fire -- 1: No Tickets for That Altitude -- 2: The Archangel Loved Heights -- II: Origins - The Puritanical Iron Hand of Constraint -- 3: Sands of the Unknown -- 4: This Dynamited Brook -- 5: A Brackish Reach -- III: Illness - The Kingdom of the Mad -- 6: In Flight, Without a Ledge -- 7: Snow-Sugared, Unraveling -- 8: Writing Takes the Ache Away -- IV: Character - How Will the Heart Endure? -- 9: With All My Love, Cal -- 10: And Will Not Scare -- V: Illness and Art - Something Altogether Lived -- 11: A Magical Orange Grove in a Nightmare -- 12: Words Meat-Hooked from the Living Steer -- VI: Mortality - Come -- I Bell Thee Home -- 13: Life Blown Towards Evening -- 14: Bleak-Boned with Survival -- 15: He Is Out of Bounds Now -- Appendix 1. Psychiatric Records of Robert Lowell -- Appendix 2. Mania and Depression: Clinical Description, Diagnosis, and

Nomenclature -- Appendix 3. Medical History of Robert Lowell (by Thomas A. Traill, FRCP) -- Acknowledgments -- Notes -- Permissions  
Acknowledgments -- Illustration Credits -- A Note About the Author.

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**Sommario/riassunto**

In this magisterial study of the relationship between illness and art, the best-selling author of *An Unquiet Mind* brings a fresh perspective to the life and work of Pulitzer Prize-winning poet Robert Lowell. In his poetry, Lowell put his manic-depressive illness (now known as bipolar disorder) into the public domain, and in the process created a new and arresting language for madness. Here Dr. Kay Redfield Jamison brings her expertise in mood disorders to bear on Lowell's story, illuminating not only the relationships between mania, depression, and creativity but also how Lowell's illness and treatment influenced his work (and often became its subject). A bold, sympathetic account of a poet who was-both despite and because of mental illness-a passionate, original observer of the human condition.

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