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Autore	Virtue Doreen <1958->
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Sommario/riassunto	"You were born creative, because you are the creation of the Creator, as we all are. If you don't feel creative or your creative pursuits haven't worked out, Doreen Virtue's newest book can help. Doreen, the author of more than 50 best-selling books, shows you how to gain 10 forms of courage that lead to creativity, including the courage to be yourself. Each chapter features practical exercises to lead readers to discover their natural talents as writers or artists and in other creative vocations or avocations. Doreen also includes summaries of fascinating psychological studies that demonstrate how to become a successful and satisfied creative individual. Filled with practical advice, scientific research on the creative process, and real-life stories, The Courage to Be Creative is a mainstream book with an inspirational flavor"--