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Descrizione fisica	1 online resource (155 pages) : illustrations
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Soggetti	Gratitude Self-help techniques
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Sommario/riassunto	"Ever wonder why your thoughts easily create up-front parking spaces but don't always produce the fat wad of cash or the hot guy? Could it be you're on a different frequency? Could it be there's static in your consciousness? Abundance, love, and peace are always available for the taking. But your have to ger on the right frequency. And despite what you may have heard, it's not thinking that calls in miracles--it's thanking. When you're on the frequency of gratitude and joy, the universe is free to line things up, work things out, pull rabbits out of hats. When we observe the world from a place of gratitude, when we use our attention to spot beauty, to focus on possibility, we radically change our day-to-day experience. But why take someone else's word for it? The 30-day experiment in this book invites you to prove it to yourself. You'll also learn that abundance goes way beyond financial capital. An "earnings" worksheet is provided to track your Thank & Grow Rich portfolio, which includes social, creative, adventure, alchemic, and spiritual capital and comes with four personalized gifts straight from the always accommodatnig universe. Upgrade your life from ho-hum to wahoo in this exploration of energy, frequency, and universal magic"--

