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Titolo	The Biggest loser flavors of the world cookbook : take your taste buds on a global tour with more than 75 easy, healthy recipes for your favorite ethnic dishes // Chef Devin Alexander with Melissa Roberson
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Nota di contenuto	The chef, from the chef -- Creating new traditions -- ... -- Italian reinvented -- Asian and southeast asian flavors -- Mexican makeovers -- Regional American classics -- Mediterranean flavor -- A European tour -- International desserts -- Essentials.