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Autore	Sadick Neil
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Altri autori (Persone)	MarshallSamantha DinkesAdam
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Sommario/riassunto	<p>"Obvious face-lifts and Botox overload are no longer in vogue, but a new generation of fillers, laser treatments, and topical preparations are keeping millions looking younger--and more natural--for decades longer. Prominent dermatologist and cosmetic surgeon Dr. Neil Sadick explains how every woman, at any age, can have beautiful, healthy skin without a scalpel or surgery. Starting off with the basics of skin care we all need in our early adult, damage-prevention years, Sadick cites the most efficacious cosmetic products and discusses the best practices for preserving a glowing, youthful appearance. For older readers looking to maintain healthy skin and reverse damage, he explains the various nonsurgical options available: from the modern day miracle of cell therapy to cosmeceuticals, fillers, and treatments for cellulite and hair loss. Throughout he mentions brand-name products at every price point and treatments for every budget. User-friendly and backed by the latest science and technology, The New Natural is every adult's guide to the most advanced antiaging protocol for achieving young, vibrant skin--now and in the future"--Provided by publisher.</p> <p>"From one of the most widely respected dermatologists and beauty-thought leaders comes the most advanced guide for keeping--or regaining--a younger-looking face and body without going under the knife. Obvious face-lifts and Botox overload are no longer in vogue, but</p>

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