

1. Record Nr.	UNINA9910163879603321
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Titolo	Uncovering the resilient core : a workbook on the treatment of narcissistic defenses, shame, and emerging authenticity // Patricia Gianotti and Jack Danielian
Pubbl/distr/stampa	New York : , : Routledge, , 2017
ISBN	1-315-64592-0 1-317-29346-0 1-317-29347-9
Edizione	[1st ed.]
Descrizione fisica	1 online resource (222 pages) : illustrations
Altri autori (Persone)	DanielianJack <1934->
Disciplina	155.24 616.8914
Soggetti	Resilience (Personality trait) - Psychological aspects Narcissism - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	1. Resilience : an overview and introduction -- 2. The importance of character -- 3. Immersion into dynamic listening -- 4. The four-quadrant model -- 5. Techniques to refine therapeutic listening and tracking -- 6. The dissociative spectrum -- 8. Unwrapping the complexities of the treatment of shame -- 9. Introduction to transference -- 10. Consolidation of gains : resilience rediscovered.
Sommario/riassunto	Uncovering the Resilient Core provides a comprehensive and inclusive methodology that guides the therapist into the nuances and complexities of the therapeutic relationship throughout the entire course of treatment.