

1. Record Nr.	UNINA9910271031303321
Autore	Heads Gary
Titolo	Living mindfully : discovering authenticity through mindfulness coaching. // Gary Heads
Pubbl/distr/stampa	Chichester, England : , : Wiley Blackwell, , 2017 ©2017
ISBN	1-119-16324-2
Descrizione fisica	1 online resource (240 pages)
Disciplina	158.1076
Soggetti	Mindfulness (Psychology) Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.

2. Record Nr.	UNINA9910163542603321
Titolo	A friendly rest room : developing toilets of the future for disabled and elderly people // edited by Johan F.M. Molenbroek, John Mantas and Renate de Bruin
Pubbl/distr/stampa	Amsterdam, The Netherlands, : IOS Press, 2011
ISBN	6613289752 1-283-28975-X 9786613289759 1-60750-752-8
Edizione	[1st ed.]
Descrizione fisica	1 online resource (304 p.)
Collana	Assistive technology research series, , 1383-813X ; ; v. 27
Altri autori (Persone)	MolenbroekJohan F. M MantasJ (John) BruinRenate de
Disciplina	696.182
Soggetti	People with disabilities - Services for Restrooms for people with disabilities Older people - Services for Toilets
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	section 1. General, organizational and developmental issues -- section 2. The friendly rest room project -- section 3. FRR case studies and user tests -- section 4. Aspects of human-product interaction in the toilet environment -- section 5. Design for improved toilet environments.
Sommario/riassunto	This book addresses the topic of toilet design, but instead of focusing on the typical able bodied user, it takes the various needs and limited abilities of older and/or disabled people as its starting point (human centered design). This follows the principles of 'Inclusive Design': designs taking into account the needs of the most challenged, will also have benefits for the healthy. For the most part, this book is a spin-off of an EU-funded research and development project called the 'Friendly Rest Room for Elderly People' (FFR), which ran from 2001 to 2005.

During that period a consortium of
