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## Nota di contenuto

chapter 1. Defining mental health and mental illness / Nisha Dogra and Stephen Cooper -- chapter 2. Personality, predisposing and perpetuating factors in mental illness / Nisha Dogra and Stephen Cooper -- chapter 3. Assessment and engagement with patients / Brian Lunn and Nisha Dogra -- chapter 4. Making the most of your placement / Nisha Dogra -- chapter 5. Mental health legislation / Brian Lunn -- chapter 6. Mood disorders / John Eagles -- chapter 7. Anxiety disorders / Ciaran Mulholland -- chapter 8. Phobias / Richard Day -- chapter 9. Schizophrenia / Brian Lunn -- chapter 10. Substance misuse / Ilana Crome -- chapter 11. Eating disorders / John Eagles -- chapter 12. Organic disorders / Simon Budd -- chapter 13. Psychiatric aspects of intellectual disability / Shahid H. Zaman with Howard Ring -- chapter 14. Disorders of childhood and adolescence / Nisha Dogra -- chapter 15. Old age psychiatry / Simon Budd -- chapter 16. Disorders of personality / Nisha Dogra and Stephen Cooper -- chapter 17. Commonly used psychological treatments / Ian Collings and Nisha Dogra -- chapter 18. Psychopharmacology and physical treatments / Stephen Cooper -- chapter 19. Psychiatric emergencies / Brian Lunn and Richard Day.

## Sommario/riassunto

Psychiatry by Ten Teachers follows the highly-praised and successful 'Ten Teachers' tradition of providing the key information in a chosen specialty as required by the medical undergraduate, junior doctor and trainee GP, written by ten respected experts in the field. With medical students closely involved in the text's development from the outset the text focuses on what the medical student and junior really need to know, with a clear rationale for the inclusion of every topic discussed at a level appropriate for the inexperienced, and will be of value to their future career whatever field they ultimately decide to specialize in. Completely up to date, this revised second edition encourages students and recently qualified doctors to get the most out of their psychiatry and community attachments, without overwhelming them with unnecessary detail. In line with the core curriculum recommended by the Royal College of Psychiatry, useful tips and advice ensure this is much more than a standard introduction to the subject, encouraging additional reading, supporting critical thinking and bringing exam success.