

1. Record Nr.	UNINA9910819487703321
Autore	Lebowitz Eli R
Titolo	Treating childhood and adolescent anxiety : a guide for caregivers // Eli R. Lebowitz, Haim Omer
Pubbl/distr/stampa	Hoboken, N.J., : Wiley, c2013
ISBN	9781118238028 1118238028 9781118589366 111858936X 9781118224694 1118224698
Edizione	[1st ed.]
Descrizione fisica	1 online resource (338 p.)
Altri autori (Persone)	OmerHaim
Disciplina	618.92/852206
Soggetti	Anxiety in children Anxiety in adolescence Anxiety - Treatment
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and indexes.
Nota di contenuto	Preface -- Introduction -- Anxiety disorders of children and adolescents -- Anxiety and emotion regulation -- When anxiety takes over : family accommodation -- Cognitive tools for treating anxiety -- Appendices -- Author index -- Subject index.
Sommario/riassunto	""Lebowitz and Omer have taken the latest and most relevant scientific research and synthesized it into an essential read for caregivers of anxious children. Treating Childhood and Adolescent Anxiety: A Guide for Caregivers provides an 'inside look' at the nuts and bolts of cognitive behavioral therapy (CBT) for childhood anxiety-the treatment of choice among leading researchers and experts. The book is filled with analogies, examples, and practical advice that professionals and parents will refer back to over and over again.""-Candice A. Alfano, PhD; Director, Sleep and Anxiety

2. Record Nr.	UNINA9910163183503321
Autore	Warnock A. Timothy
Titolo	Air Power Versus U-Boats - Confronting Hitler's Submarine Menace In The European Theater [Illustrated Edition]
Pubbl/distr/stampa	San Francisco : , : Tannenberg Publishing, , 2014 ©2014
ISBN	9781782898900 1782898905
Edizione	[1st ed.]
Descrizione fisica	1 online resource (33 pages)
Soggetti	Submarines (Ships) Military campaigns United States. Army Air Forces
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	Intro -- TABLE OF CONTENTS -- Air Power versus U-boats - Confronting Hitler's Submarine Menace in the European Theater -- German U-boats Threaten Allied Shipping: December 1941-June 1942 -- The AAF Response: Tactics, Technology, and Organization -- The Battle of the Atlantic: July 1942-May 1943 -- Hunting in the Bay of Biscay: November 1942-October 1943 -- Guarding the Straits of Gibraltar: March-October 1943 -- Bombing German Submarine Pens: October 1942-April 1945 -- Defeating the U-boat Menace -- SUGGESTED READINGS.
Sommario/riassunto	Includes over 14 photos and maps More than fifty years after World War II, America's major air power contribution to the war in Europe-in efforts such as Big Week, Regensburg, and Patton's dash across Europe-live on in the memories of airmen and students of air power. Never before had air forces performed so many roles in so many different types of operations. Air power proved to be extremely flexible: wartime missions included maintaining air superiority, controlling the air space over the battlefield; strategic bombardment, destroying the enemy's industrial and logistical network; air-ground support, attacking targets on the battlefield; and military airlift,

delivering war materiel to distant bases. Perhaps one of the least known but significant roles of the Army Air Forces (AAF) was in antisubmarine warfare, particularly in the European-African-Middle Eastern theater. From the coasts of Greenland, Europe, and Africa to the mid-Atlantic, AAF aircraft hunted German U-boats that sank thousands of British and American transport ships early in the war. These missions supplemented the efforts of the Royal Navy, the Royal Air Force Coastal Command, and the U.S. Navy, and helped those sea forces to wrest control of the sea lanes from German submarines.

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