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Titolo	Chinese International Students' Stressors and Coping Strategies in the United States // by Kun Yan
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Descrizione fisica	1 online resource (XX, 145 p. 2 illus.)
Collana	Education in the Asia-Pacific Region: Issues, Concerns and Prospects, , 2214-9791 ; ; 37
Disciplina	378.1982
Soggetti	International education Comparative education Education, Higher Educational psychology International and Comparative Education Higher Education Educational Psychology
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Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Chapter 1 Introduction -- Chapter 2 Chinese International Students in the United States: Demographic Trends, Motivations and Accuturation Features -- Chapter 3 Chinese International Students in the United States: Adjustment Problems and Coping Strategies -- Chapter 4 Methodology -- Chapter 5 Survey Findings -- Chapter 6 Chinese International Students' Stressors in the United States -- Chapter 7 Chinese International Students' Coping Strategies in the United States -- Chapter 8 An Examination of Individual Level Factors in Stress and Coping Process -- Chapter 9 Conclusion -- Chapter 10 Implications for Future Research.
Sommario/riassunto	This book explores how Chinese students abroad may suffer stress, and how they conceptualize and adapt to stress in the American higher education environment. To do so, it adopts a mixed methods design: the sequential explanatory design, which is characterized by the collection and analysis of quantitative data followed by the collection

and analysis of qualitative data. To date, no empirical research has focused solely upon understanding the stress and coping processes of Chinese students in the United States. This book addresses that gap, enriching the body of literature on international students' adaptation process in foreign countries.
