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Sommario/riassunto	This book is a collection of commentaries and poems by Dilgo Khyentse Rinpoche, a prominent Tibetan Buddhist teacher and meditation master. The text includes his teachings on various stages of the Buddhist path, focusing on meditative experience and practical application. Originally delivered orally to Western students, these teachings provide insight into the wisdom and compassion of Khyentse Rinpoche. The book features commentaries on works by Jamgön Mipham and Jigme Lingpa, including 'The Wheel of Investigation and Meditation That Thoroughly Purifies Mental Activity' and 'The Lamp That Dispels Darkness.' Khyentse Rinpoche's teachings emphasize the importance of understanding the nature of reality and the mind, and they aim to inspire practitioners to deepen their spiritual practice. The book also contains selected poems that reflect Rinpoche's profound

realization and devotion.
