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Titolo	Self-harm / / by Stephanie Mialki
Pubbl/distr/stampa	New York : , : Lucent Press, , 2017 2017
ISBN	1-5345-6018-1
Descrizione fisica	1 online resource (112 pages) : color illustrations
Collana	Hot topics (San Diego, Calif.)
Disciplina	616.858200835
Soggetti	Self-mutilation in adolescence Self-injurious behavior Cutting (Self-mutilation)
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	"Portions of this book originally appeared in Self-injury by Toney Allman."--Title page.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	ch. 1. Intentional personal harm -- ch. 2. Reasons for self-injury -- ch. 3. Inherent risks of self-injury -- ch. 4. The recovery process -- ch. 5. Prevention strategies.
Sommario/riassunto	Examines the issues surrounding self-injury, a way that some people cope with serious psychological distress and overwhelming emotional pain. Self-injury includes cutting, burning, hitting, scraping, or any sort of deliberate wounding of the skin and tissue.