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Titolo	Vegetarianism // Jill Hamilton, book editor
Pubbl/distr/stampa	Detroit, Mich. : , : Greenhaven Press, , 2009
ISBN	0-7377-4817-6
Descrizione fisica	1 online resource (104 pages) : illustrations
Collana	Issues that concern you Vegetarianism
Disciplina	613.2/62
Soggetti	Vegetarianism Natural foods Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Bibliographic Level Mode of Issuance: Monograph
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Anatomy offers few clues as to what the human diet should be / Sally Deneen -- A vegetarian diet is key to good health / Physicians Committee for Responsible Medicine Nutrition Staff -- Teen vegetarians need to be aware of nutrition pitfalls / Kindy R. Peaslee -- It is possible to be a conscientious carnivore / Tamar Haspel -- There is no such thing as guilt-free meat / Colleen Patrick-Goudreau -- Technology can solve the ethical problems of eating meat / William Saletan -- Meat-eating causes global warming / Kathy Freston -- A vegan diet is the best way to help the planet / Bruce Friedrich -- A vegetarian diet is not always the best choice for the environment / Brendan I. Koerner -- Sustainably raised meat is a healthy alternative / Diane Hatz -- Vegans have to constantly defend their lifestyle / Gaia Veenis -- A flexitarian diet offers a less strict option to vegetarianism / Carolyn O'Neil -- Raw foods are the answer / Bob McCauley.
Sommario/riassunto	Presents readings from a variety of perspectives about the topic of vegetarianism.