

1. Record Nr.	UNINA9910161649503321
Autore	Danilo Garcia
Titolo	Character, Responsibility, and Well-Being: Influences on Mental Health and Constructive Behavior Patterns
Pubbl/distr/stampa	Frontiers Media SA, 2016
Descrizione fisica	1 online resource (138 p.)
Collana	Frontiers Research Topics
Soggetti	Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>Character can be defined as self-aware knowledge that helps the individual to set goals, values and ethical principles (Cloninger, 2004). This meta-cognitive dimension of human personality involves 'Theory of Mind', and is positively related to measures of well-being, mental health, and constructive behavior patterns. Research from at least three different fields, cultural (Shweder, Much, Mahapatra &amp; Park, 1997), personality (Cloninger, 2004), and social psychology (Abele &amp; Wojcizke, 2007) suggest that character can be organized along three broad principles: agency, which is related to the autonomy and the fulfillment and enhancement of the self; communion, which is related to engagement in the protection and relations to others such as families, companies or nations; and spirituality, which is related to the human ability to transcend the self and find and interconnection with all life and appreciation of the whole world around us (Haidt, 2006; Cloninger, 2013). Using the Temperament and Character Inventory (Cloninger, Svrakic &amp; Przybeck, 1993) researchers have found that agentic (i.e., Self-directedness) and communal (i.e., Cooperativeness) values are associated to high levels of happiness, psychological well-being, and less violent behavior. Moreover, low Self-directedness and Cooperativeness is recurrent among individuals with all types of mental health problems, such as, depression, schizophrenia, anxiety disorder, autism spectrum disorders, attention deficit/hyperactivity disorder and et cetera. Spirituality, in coherence with agency and communion, guides</p>

the individual to seek self-realization in harmony with others and nature in the changing world (Cloninger, 2013). Seeing character as self-awareness of the self in three dimensions has also been associated to human responsibility and empowerment. This Research Topic will focus on all article types that put forward findings regarding:

- Character as a protective factor against mental illness
- Character's association to conduct disorders and violent behavior
- Character as a promoter of happiness, life satisfaction, and well-being
- The etiology of character
- Longitudinal studies on character
- Agency, communion, and spirituality as broad dimensions for the conceptualization of positive measures of mental health
- Innovative methods to measure or conceptualize character
- Non-linear effects of character on mental health
- Character as a measure/conceptualization of responsibility
- Character in school and work place settings
- Character in relation to empowerment.

---