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Autore	Ayres Elizabeth <1950->
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Sommario/riassunto	<p>Where's your wave of creativity? If you want to learn how to write, "Writing the Wave: Inspired Rides for Aspiring Writers" is the very first writing book designed especially for beginning writers who yearn to write more expressively. Written with warmth and wit by internationally acclaimed writer and teacher Elizabeth Ayres, this 15th anniversary edition of a classic writing how-to book makes the creative process safe, easy and fun while honoring its spiritual depth and mystery. Elizabeth shows you how it's done. With step-by-step instructions and easy-to-follow writing exercises, you'll be writing non-stop from the very first page, even if you've never written before. It's just like having a personal writing coach. You can learn how to be a writer. Throw away those endless lists of writing prompts. Learn how to discover your own ideas with these break-through writing exercises that transform fundamental writing principles into concrete writing techniques you can use over and over, forever, whether you want to learn how to write fiction, nonfiction, poetry -- or something that doesn't even have a name yet. Unlike other writing books, "Writing the Wave" couples inspiring writing exercises with expert and passionate advice, to minimize the fears and maximize the joys of writing. And more advanced writers looking for a jumpstart will appreciate recovering their free-flowing creative wellspring. There's a vast ocean of inspiration within you. The surf's up! The water's warm! Are you ready to take the plunge? Phillip Lopate, editor of "The Art of Writing" and "Writing New</p>

York" says, "Elizabeth Ayres has thought long and hard about the writing process, and is one of the most seasoned and exemplary practitioners in the field of teaching writing. This book about writing is an invaluable distillation of her insights and experiences. I cannot imagine any beginning or struggling writer not coming away with some inspiration from it."
