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Sommario/riassunto	<p>The Rough Guide to the Lake District is the best all-purpose guide to the English Lake District, beautifully illustrated with colour photos and full-colour maps. Comprehensive, lively reviews outline the finest places to stay and eat for every budget, all fully revised for this seventh edition by our Lakes expert. Whether you're looking for a walker's hostel or boutique hotel, simple cafe or swanky gastropub, farmhouse B&amp;B or country-house hotel, The Rough Guide to the Lake District has the lowdown on all the best deals. The guide includes detailed information on the best way to get around by public transport, plus special features on the great outdoors focussing on local walks, classic hikes, mountain climbs, lake cruises and family adventures. The "Things Not to Miss" section pinpoints some of the absolute must-sees, while author picks throughout The Rough Guide to the Lake District highlight personal favourites and special places that are less well known. Whether you're on a walking holiday or family break, you can discover all the facts you need - from full opening times and admission prices to festival dates and walking routes, plus history, culture, nature, and wildlife of the English lakes to help you make the most of your time in the Lake District.</p>