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Titolo	IMPROVE YOUR MEMORY POWER (Hindi)
Pubbl/distr/stampa	DELHI, : V&S Publishers, 2015
ISBN	9789350573600 9350573601
Edizione	[1st ed.]
Descrizione fisica	1 online resource (177 p.)
Soggetti	Memory Mnemonics
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	-- -- -- -- -1 -- - -- - ? -- -- ? -- -- ? -- -- ? -- -- ? -- 2 - ? -- - , " -- - -- /- (Chain Method) -- - -- -- -- - -- -- -- -- -- -- -- -- ? -- - , ? -- -- ? -- - ? -- - ? -- 3
Sommario/riassunto	This book, 'Improve Your Memory Power,' offers a comprehensive guide to enhancing memory skills within 30 days using scientific and psychological techniques. Aimed at both students and general readers, it provides practical methods to develop mental capabilities and academic performance. The author, Anant Sagar 'Anand,' emphasizes the importance of positive thinking and belief in one's memory capacity to achieve success. The book includes scientifically tested exercises and strategies, structured in 30 daily lessons, to systematically improve

memory by fostering concentration, observation, and decision-making skills. The book's accessible language and practical approach make it particularly beneficial for individuals seeking to strengthen their memory and cognitive skills.
