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Titolo	La pensee positive 2.0 : La loi de l'attraction enfin expliquee
Pubbl/distr/stampa	Cork : , : Editions Infolio (La Source Vive), , 2017 ©2017
ISBN	9782889389933 2889389936
Descrizione fisica	1 online resource (132 pages)
Soggetti	Positive psychology Self-help techniques
Lingua di pubblicazione	Francese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di contenuto	La consideration positive -- Les comparaisons descendantes -- Les visualisations integrant les actions -- Agir positivement -- Tirer profit des opportunités rencontrées -- Perseverer -- S'ouvrir a la nouveauté -- Intensifier les rapports humains -- Le succès au rendez-vous -- Les techniques innovantes de la pensée positive 2.0 -- Conclusion : pourquoi tant de critiques ? -- Postface : un irresistible besoin de merveilleux -- Annexes -- Annexes 1 : Peut-on prouver scientifiquement l'efficacité de la pensée positive classique ? -- Annexes 2 : Convaincre... pas seulement les convaincus -- Annexes 3 : References exactes des études citées -- La Source Vive Editions en numérique -- Copyright.
Sommario/riassunto	The book explores the phenomenon of positive thinking and its impact on personal well-being, examining how a mindset shift can influence life outcomes. Inspired by the author's personal experience with his mother's miraculous recovery from cancer, attributed to positive thinking, the narrative delves into the psychological mechanisms behind this approach. The text seeks to reconcile scientific explanations with the seemingly mystical effects of positive thinking, without dismissing those who believe in concepts like the law of attraction. Aimed at a broad audience interested in personal development, the book advocates for understanding positive thinking

as a scientifically grounded practice that enhances life opportunities
without relying on supernatural explanations.
