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Titolo	Toxic cocktail : how chemical pollution is poisoning our brains / / Barbara Demeneix
Pubbl/distr/stampa	New York, New York : , : Oxford University Press, , 2017 ©2017
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Descrizione fisica	1 online resource (273 pages)
Disciplina	612.4/4
Soggetti	Thyroid gland - Effect of chemicals on Brain - Effect of chemicals on Brain - Growth Pollution - Physiological effect
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Violet vapors -- A molecule of mystery -- Thyroids in a chemical soup -- Losing it : undoing brain evolution -- Counting the costs -- The alarming increase in autism -- From DNA to epigenetics -- Who really picks up the bill? -- Time to act : how to act -- Glossary.
Sommario/riassunto	Children born to women exposed to thyroid-disrupting chemicals have lower IQs and more neurodevelopmental disorders in autism and ADHD, among others. Numerous chemicals that contaminate our bodies and interfere with our thyroids are in fact lowering our IQ and increasing disorders for future generations. A "self-help" guide to reducing exposure to chemicals is included. --