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Sommario/riassunto	Mixed martial arts is one of the fastest growing sports, and includes karate, jiu-jitsu, boxing, kickboxing, grappling, wrestling, judo, and other combat sports. MMA fighters, combating opponents in a cage with nowhere to escape, have truly impressive skills! Riveted readers will be on the edge of their seats as they learn what it takes to enter the ring of an MMA bout. Action-packed photographs and fun fact boxes add to the excitement of this electrifying sport.