Record Nr. UNINA9910158643203321 Autore Parys Sabrina **Titolo** Helping a friend with an eating disorder / / Sabrina Parys New York:,: Rosen Publishing,, 2017 Pubbl/distr/stampa 2017 **ISBN** 1-5081-7195-5 Edizione [First edition.] 1 online resource (64 pages): color illustrations Descrizione fisica How can I help? Friends helping friends Collana Disciplina 616.852600835 Soggetti Eating disorders Eating disorders - Social aspects Eating disorders - Treatment Lingua di pubblicazione Inglese **Formato** Materiale a stampa Monografia Livello bibliografico Nota di bibliografia Includes bibliographical references and index. Understanding eating disorders -- Types of eating disorders & their Nota di contenuto symptoms -- I think my friend may have an eating disorder, what should I do? -- Talking the talk: how to approach a friend about an eating disorder -- Treatment, support, and recovery. Sommario/riassunto In this book, readers learn how the pressures of school, dating, and athletics contribute to body image issues and why teens are vulnerable. It explores eating disorders that people commonly have and how they

are treated.