Record Nr. UNINA9910158643003321 Autore Canavan Thomas Titolo How many muscles make your smile? : questions about muscles and movement / / by Thomas Canavan Pubbl/distr/stampa New York: .: PowerKids Press. . 2017 2017 **ISBN** 1-4994-3200-3 Descrizione fisica 1 online resource (32 pages): color illustrations Collana **Human Body FAQ** Disciplina 612.7 Soggetti Musculoskeletal system Muscles FAQs. Juvenile works. Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Includes index. Why do we need muscles? -- What do muscles look like? -- Which Nota di contenuto muscle is the most important? -- How do muscles help us move? --Can muscles really remember? -- Can muscles work by themselves? --How do muscles build up? -- What is a muscle cramp? -- Do muscles need special fuel? -- Why does exercise "burn" sometimes? -- How do muscles keep us warm? -- Can muscles get sick? -- How does everything work together? Sommario/riassunto "Muscles do a lot more than make people strong. They help people move and can even keep them warm. The human body depends on muscle to survive. The exciting question-and-answer format of this book touches on many incredible facts about muscles and how they work in the human body, ensuring that readers will come away with a better understanding of this essential elementary science topic. Important biology and health concepts are brightly illustrated on each page. Readers will love learning about how to keep their own muscles fit and healthy"--Provided by publisher.