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Titolo	Sulky, rowdy, rude : why kids really act out and what to do about it // Bo Hejlskov Elven and Tina Wiman
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Sommario/riassunto	Children can go through difficult phases - this is a natural part of growing up. Conflicts and arguments are nothing exceptional, but rather a part of everyday family life. The authors of this practical and imaginative book show how parents can create consistent and effective structures, methods and responses, so that children can learn for themselves how to practise self-control and cooperation in a secure environment where they both belong and have autonomy. Based on years of experience working with children, including those with special needs, the authors structure their methods around the low arousal approach. With many creative suggestions and real-life examples, this book has the potential to change family life for the better forever.