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Edizione	[Second edition.]
Descrizione fisica	1 online resource (378 pages)
Classificazione	PSY022040MED105010SOC025000PSY006000
Disciplina	618.92/8521
Soggetti	Post-traumatic stress disorder in children - Treatment Post-traumatic stress disorder in adolescence - Treatment Psychic trauma in children - Treatment Psychic trauma in adolescence - Treatment Grief in children - Treatment Grief in adolescence - Treatment Cognitive therapy for children Cognitive therapy for teenagers
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Part I. Trauma-focused cognitive-behavioral therapy : overview and conceptual framework. 1. The impact of trauma and grief on children and families ; What constitutes childhood trauma? ; What are trauma symptoms? ; Traumatic grief in children ; Trauma- and grief-focused treatment ; Summary ; 2. Assessment strategies for traumatized children ; Evaluating traumatic exposure ; Assessing PTSD symptoms ; Assessing other psychiatric disorders ; Assessment of childhood traumatic grief ; Providing feedback to the family about the assessment ; 3. The TF-CBT model : how It works ; Gradual exposure and phase-based treatment ; Development of the TF-CBT model ; Individual child, individual parent, and conjoint treatment sessions ; Session structure and flexibility ; The benefits of parental involvement in treatment ; The

issue of confidentiality and encouraging open parent-child communication ; parental participation dilemmas ; The importance of culture in the TF-CBT model ; The importance of adjunctive services when needed ; General considerations in using this book ; Summary ; 4. Research on TF-CBT ; Summary ; 5. The role of the TF-CBT therapist ; The centrality of the therapeutic relationship ; The importance of therapist judgment, skill, and creativity ; Therapist qualifications and training ; Troubleshooting --

Part III. Grief-focused components. Introduction to grief-focused components ; 17. Grief focused component 1. Grief psychoeducation ; Grief psychoeducation for children ; Exposure to death in the abstract ; Gradual but direct exposure to personal experience of another's death ; Grief psychoeducation for parents ; Troubleshooting ; 18. Grief-focused component 2. Grieving the loss and resolving ambivalent feelings: "What I miss and what I don't miss" ; grieving the loss : "What I miss" ; Resolving ambivalent feelings : "What I don't miss" ; Grieving the loss and addressing ambivalent feelings : for parents ; Troubleshooting ; 19. Grief-focused component 3. Preserving positive memories ; Preserving positive memories for children ; Preserving positive memories for parents ; Troubleshooting ; 20. Grief-focused component 4. Redefining the relationship and committing to present relationships ; Redefining the relationship for children ; Redefining the relationship for parents ; Concerns about the ability to raise children alone ; Troubleshooting ; 21. Treatment review and closure ; Making meaning of trauma experiences ; Preparing for treatment termination ; Troubleshooting -- Appendix 1. Handouts for families -- Appendix 2. TF-CBT implementation resources : books and games to use during treatment -- Appendix 3. Additional professional resources.

Sommario/riassunto

"This authoritative guide has introduced many tens of thousands of clinicians to trauma-focused cognitive-behavioral therapy (TF-CBT), a leading evidence-based treatment for traumatized children and their parents or caregivers. Preeminent clinical researchers provide a comprehensive framework for assessing posttraumatic stress disorder (PTSD), other trauma-related symptoms, and traumatic grief in 3- to 18-year-olds; building core coping skills; and directly addressing and making meaning of children's trauma experiences. Implementation is facilitated by sample scripts, case examples, troubleshooting tips, and reproducible client handouts. Purchasers get access to a Web page where they can download and print the reproducible materials in a convenient 8 1/2" x 11" size. TF-CBT is listed in SAMHSA's National Registry of Evidence-Based Programs and Practices. New to This Edition *Incorporates a decade's worth of advances in TF-CBT research and clinical practice. *Updated for DSM-5. *Chapter on the model's growing evidence base. *Chapter on group applications. *Expanded coverage of complex trauma, including ways to adapt TF-CBT for children with severe behavioral or affective dysregulation. See also the edited volume Trauma-Focused CBT for Children and Adolescents: Treatment Applications for more information on tailoring TF-CBT to children's varying developmental levels and cultural backgrounds"--
