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Sommario/riassunto	<p>Ulcerative colitis and Crohn's disease, referred to collectively as inflammatory bowel disease (IBD), are chronic debilitating disorders. IBD, particularly Crohn's disease, is increasing everywhere, most notably in the Western world where about 1 in 200 people now has the condition. This highly readable, 'zippy' fifth edition of 'Fast Facts: Inflammatory Bowel Disease' provides succinct yet thorough information that will aid early recognition of these disorders and their complications, alongside practical holistic management advice. With important emphasis on the doctor-patient relationship and effective multidisciplinary services, 'Fast Facts: Inflammatory Bowel Disease' is an invaluable resource for all primary care providers, hospital doctors in training, nurses, stoma therapists, dieticians, psychologists, counselors and social workers; in fact, all health professionals involved in the care of patients with IBD, as well as patients who wish to know more about their condition. Contents:</p> <ul style="list-style-type: none"> • Etiopathogenesis • Clinical features and intestinal complications • Extraintestinal manifestations and complications • Diagnosis • Drugs used to treat inflammatory bowel disease • Principles of management • Medical management of

ulcerative colitis • Medical management of Crohn's disease • Surgery
• IBD in pregnancy, childhood and old age • Prognosis
