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Nota di contenuto	Intro -- Title Page -- Contents -- The Modern Bicycle -- Cycling as a Cause of Heart Disease -- His Last Pupil -- Women and Wheels -- About the Publisher -- Copyright.
Sommario/riassunto	The first bicycle was invented at the beginning of the nineteenth century, but it wasn't until the 1890s that the craze really took off. This brought with it the fears, scaremongering, worries and uncertainties that inevitably accompany any new fashion. Women (often unchaperoned and oddly dressed) taking to "velocipedes"; overexertion; the possibility of heart disease - these are just some of the fears that haunted the establishment in the late nineteenth century... But with it, of course, came the joy and wonder of "the easy and agreeable motion" of this thoroughly modern means of locomotion. The books in "Found on the Shelves" have been chosen to give a fascinating insight into the treasures that can be found while browsing in The London Library. Now celebrating its 175th anniversary, with over seventeen miles of shelving and more than a million books, The London Library has become an unrivalled archive of the modes, manners and thoughts of each generation which has helped to form it. From essays on dieting in the 1860s to instructions for gentlewomen on trout-fishing, from advice on the ill health caused by the "modern" craze of bicycling to travelogues from Norway, they are as readable and relevant today as they were more than a century ago - even if the cardiovascular dangers of cycling

have now been disproved!
