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Sommario/riassunto

This cookbook offers a comprehensive collection of over 300 salad recipes, including both traditional and original creations. It provides a variety of options, such as warm and cold salads, featuring meats, fish, vegetables, and Korean-style dishes. The book also includes numerous dressing recipes to enhance the flavor of the salads. Aimed at culinary enthusiasts and home cooks looking to diversify their meal offerings, this book serves as a practical guide for preparing salads suitable for everyday meals and festive occasions.
