

1. Record Nr.	UNINA9910157501503321
Titolo	Clinical Perspectives on Meaning [[electronic resource]] : Positive and Existential Psychotherapy / / edited by Pninit Russo-Netzer, Stefan E. Schulenberg, Alexander Batthyany
Pubbl/distr/stampa	Cham : , : Springer International Publishing : , : Imprint : Springer, , 2016
ISBN	3-319-41397-X
Edizione	[1st ed. 2016.]
Descrizione fisica	1 online resource (XX, 455 p. 11 illus., 6 illus. in color.)
Disciplina	153
Soggetti	Cognitive psychology Developmental psychology Cognitive Psychology Developmental Psychology
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references at the end of each chapters and index.
Nota di contenuto	Clinical Perspectives on Meaning: Positive and Existential Psychotherapy -- Part I: Understanding: Contexts, objectives and considerations -- The Proper Aim of Therapy: Subjective Well-being, Objective Goodness, or a Meaningful Life? -- Seeing Life through a Sacred Lens: The Spiritual Dimension of Meaning -- Working with Meaning in Life in Mental Health Care: A Systematic Literature Review and Meta-Analyses of the Practices and Effectiveness of Meaning-Centered Therapies -- Making Meaning in the Context of Ethnopolitical Warfare: Secondary Control as a Resource -- Multiculturalism and Meaning in Existential and Positive Psychology -- Practices of Meaning-Changing Interventions: A Comprehensive Matrix -- Part II: coping: Integrative meaning-oriented perspectives and interventions for human coping -- The Significance of Meaning to Conceptualizations of Resilience and Posttraumatic Growth: Strengthening the Foundation for Research and Practice -- Working with Meaning in Life in Chronic or Life-Threatening Disease: A Review of its Relevance and the Effectiveness of Meaning-Centered Therapies -- Meaning in Life in the Prevention and Treatment of Substance Use Disorders -- Reason, Meaning and Resilience in the

Treatment of Depression: Logotherapy as a Bridge Between Cognitive-Behavior Therapy and Positive Psychology -- Meaning-Centered Psychotherapy in the Oncology and Palliative Care Settings -- Meaning-Making in the Aftermath of a Spinal Cord Injury -- Out, Out Brief Candle? The Meaning of Meaninglessness -- Part III: Thriving: Integrative meaning-oriented perspectives and interventions for human thriving -- Meaning, Medicine and Healing -- Integrative Meaning Therapy: From Logotherapy to Existential Positive Interventions -- Nostalgia as an Existential Intervention: Using the Past to Secure Meaning in the Present and the Future -- Caring and Meaning in Psychotherapy -- Character Strengths and Mindfulness as Core Pathways to Meaning in Life -- Strategies for Cultivating Purpose Among Adolescents in Clinical Settings -- Meaning-Centered Positive Group Intervention.

Sommario/riassunto

"Clinical Perspectives on Meaning: Positive and Existential Psychotherapy . . . is an outstanding collection of new contributions that build thoughtfully on the past, while at the same time, take the uniquely human capacity for meaning-making to important new places." - From the preface by Carol D. Ryff and Chiara Ruini This unique theory-to-practice volume presents far-reaching advances in positive and existential therapy, with emphasis on meaning-making as central to coping and resilience, growth and positive change. Innovative meaning-based strategies are presented with clients facing medical and mental health challenges such as spinal cord injury, depression, and cancer. Diverse populations and settings are considered, including substance abuse, disasters, group therapy, and at-risk youth. Contributors demonstrate the versatility and effectiveness of meaning-making interventions by addressing novel findings in this rapidly growing and promising area. By providing broad international and interdisciplinary perspectives, it enhances empirical findings and offers valuable practical insights. Such a diverse and varied examination of meaning encourages the reader to integrate his or her thoughts from both existential and positive psychology perspectives, as well as from clinical and empirical approaches, and guides the theoretical convergence to a unique point of understanding and appreciation for the value of meaning and its pursuit. Included in the coverage: · The proper aim of therapy: Subjective well-being, objective goodness, or a meaningful life? · Character strengths and mindfulness as core pathways to meaning in life · The significance of meaning to conceptualizations of resilience and posttraumatic growth · Practices of meaning-making interventions: A comprehensive matrix · Working with meaning in life in chronic or life-threatening disease · Strategies for cultivating purpose among adolescents in clinical settings · Integrative meaning therapy: From logotherapy to existential positive interventions · Multiculturalism and meaning in existential and positive psychology · Nostalgia as an existential intervention: Using the past to secure meaning in the present and the future · The spiritual dimension of meaning Clinical Perspectives on Meaning redefines these core healing objectives for researchers, students, caregivers, and practitioners from the fields of existential psychology, logotherapy, and positive psychology, as well as for the interested public. .
