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Sommario/riassunto	Annie Richard's 'M(m)ère Auto-Essai' explores the symbolic and cultural constructs of motherhood and femininity. The book delves into the concept of the 'Mère' (Mother) as a distinct symbolic figure, separate from the real mother, and examines its representation throughout history and society. Richard uses her personal experiences and reflections to address contemporary issues of gender and identity, proposing a reimagined relationship with the symbolic Mother that transcends traditional boundaries. The book is aimed at readers interested in gender studies, cultural analysis, and the evolution of feminine identity. Richard's work encourages a dialogue about the roles and perceptions of women, challenging the normative ideologies imposed by culture and education.