

1. Record Nr.	UNINA9910157436203321
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Titolo	Descubre tu sueño / Discovering Your Dream
Pubbl/distr/stampa	Loyola Press
ISBN	0-8294-4469-6
Descrizione fisica	1 online resource (136 p.)
Soggetti	Discernment (Christian theology) Spiritual exercises
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Sommario/riassunto	<p>No sabes que hacer? Preguntale a san Ignacio. Decisiones, decisiones y mas decisiones. Todos los días estan llenos de decisiones que tomar, sobre todo para los jovenes que han de elegir constantemente un camino en lugar de otro. Pero, alguna vez has tomado una decision de manera impulsiva que, aunque parecia una buena idea en ese momento, termino siendo una mala decision, una decision que al final fue en tu contra? En Descubre tu sueño, Gerald Fagin, SJ, profesor de espiritualidad y teologia moral, explora el enfoque de san Ignacio sobre la toma de decisiones; un proceso de discernimiento que te ayudara a aclarar tus deseos mas profundos y te permitira tomar decisiones acordes a tu fe y tus valores. Con la guia de los principios que san Ignacio expone en Ejercicios espirituales estaras mejor preparado para tomar decisiones espiritualmente positivas que te llevaran a ser quien realmente eres. Dios quiere tener una relacion mas cercana contigo; san Ignacio te muestra como lograrlo. Decisions, decisions, decisions The world, our lives--every day is full of them. Big or little, major or minor, we are constantly choosing between paths. But have you ever thought about how that happens? More importantly, have you ever impulsively made a decision that turned out not to be in your best moral or spiritual interests? Overall, are you sure that the decisions you're making are helping you get closer to God's desire for your life? In Discovering Your Dream, Gerald Fagin, SJ, uses St. Ignatius's</p>

principles of the Spiritual Exercises, coupled with an Ignatian approach to decision making, to guide us through a discernment process that truly satisfies our deepest desires and brings us closer to God. He shows readers how St. Ignatius's own decision-making process can be molded to meet the needs of our faith and lead us to our truest selves that God desires for all of us. When faced with difficult or crippling decisions, it helps to seek wisdom in others. Discovering Your Dream shows us that the path to our truest desires is attainable in our own lives when we are guided by the groundwork laid by St. Ignatius.
